

Alcohol Worksheet

1. Why is alcohol considered a drug?
2. What classification of drug is alcohol?
3. List 5 effects that alcohol has on the body:
 - a.
 - b.
 - c.
 - d.
 - e.
4. What is intoxication?
5. When does the process of intoxication begin?
6. What are inhibitions?
7. How does alcohol affect our inhibitions?
8. What does BAC mean?
9. At what BAC will your reaction time be slowed?
10. At what BAC will blackouts, memory loss and vomiting occur?
11. What is the legal BAC level if you are 21 or older?
12. What is Zero Tolerance?

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13. What is binge drinking?

Males –

Females –

14. How can binge drinking be dangerous?

15. What is a hangover?

16. What long term effects might alcohol have on the liver?

a.

b.

c.

17. What long term effects might alcohol have on the brain?

18. What causes Fetal Alcohol Spectrum Disorder?

19. What long term effects might alcohol have on a fetus?

20. How does alcoholism begin?

21. List the 4 stages that develop alcoholism:

a.

b.

c.

d.

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22. What are some of the risk factors for becoming an alcoholic?
- a.
 - b.
 - c.
 - d.
23. Alcoholism not only affects the alcoholic, but their family as well. List some of the ways a family can be affected by alcoholism:
- a.
 - b.
 - c.
 - d.
24. What is codependency?
25. What is enabling?
26. What type of help is available for alcoholics and the people close to them?
27. The #1 cause of death among teenagers is motor vehicle accidents. A majority of these accidents are alcohol related. How are the skills needed for driving impaired by alcohol?
- a.
 - b.
 - c.
 - d.
 - e.

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28. What is the difference between a DWI and a DUI?

a. DWI =

b. DUI =

29. What is an MIP?

30. How can drinking affect your future?

a. jail –

b. sexual activity –

c. diving –

d. teen brains –

e. FASD –

31. What are the 2 most common groups who fight against drunk driving?